

# Staying Healthy @ UQ



Stay home if  
you are unwell



Cover your mouth  
and nose when you  
sneeze or cough



Avoid touching  
your face



Wash your hands  
thoroughly



Don't share  
personal items



Clean surfaces



Maintain space  
between each other



Put used tissues  
in the bin



Call your General Practitioner  
(doctor) or UQ Health Care  
and explain your symptoms



Need the facts? [about.uq.edu.au/coronavirus-advice-uq-community](https://about.uq.edu.au/coronavirus-advice-uq-community)

# COVID-safe – tutorials/contact/IT sessions

## Help us to help you stay safe!

- Room capacities have been reduced to enable appropriate physical distancing.
- Attend only the tutorial/contact/IT session to which you have been allocated.
- Use hand sanitiser on your way in and out of the classroom (let us know if the supplies are empty).
- Try to stay at least 1.5m from your classmates and teaching staff at all times.
- Don't share pens, calculators, etc. with classmates.
- Feel free to wear a mask if you wish – it is up to you.
- Let a staff member know (email is ok) if you feel uncomfortable – there is an external version of this course available.
- You may be required to swipe in using a UQ supplied QR code or card reader. Consider downloading the COVID-Safe app.

If you feel unwell, please stay at home (sessions will be recorded).

# COVID-safe laboratories

## Help us to help you stay safe!

- Room capacities have been reduced to enable appropriate physical distancing.
- Attend only the practical class to which you have been allocated.
- Required Personal Protective Equipment (PPE) will be available.
- Feel free to wear a mask and gloves if you wish – it is up to you.
- If a risk assessment determines that you must wear a mask for a particular activity, please do so.
- Use hand sanitiser on your way in and out of the classroom (let us know if the supplies are empty).
- Please wipe down any apparatus (including safety glasses/face shields) that requires touch before and after use.
- Try to stay at least 1.5m from your classmates and teaching staff at all times.
- Don't share lab coats, safety glasses, pens, calculators, etc. with classmates.
- Let a staff member know (email is ok) if you feel uncomfortable – there is an external version of this course available.
- You may be required to swipe in using a UQ supplied QR code or card reader. Consider downloading the COVID-Safe app.

**If you feel unwell, please stay at home. There are recordings of practical classes made for external students – you can watch these too.**

# COVID-safe computer labs

## Help us to help you stay safe!

- Room capacities have been reduced to enable appropriate physical distancing.
- Swipe in on entry; do not prop doors open.
- Use hand sanitiser on your way in and out of the classroom (let us know if the supplies are empty).
- Please wipe down the keyboard and mouse before and after use.
- Try to stay at least 1.5m from your classmates and teaching staff at all times.
- Don't share pens, calculators, etc. with classmates.
- Feel free to wear a mask if you wish – it is up to you.
- Let a staff member know (email is ok) if you feel uncomfortable – there is an external version of this course available.
- Consider downloading the COVID-Safe app.

If you feel unwell, please stay at home.